# SOCIAL MEDIA GUIDELINES FOR CAMPERS

Social media is a great way to keep in touch with your camp friends in the off-season. We want to see those friendships continue to grow and for social media to be used safely. As a reminder, by signing the North Star Code of Conduct prior to the summer, you agreed to the following expectations:

- I will not use obscenities, profanity, or vulgar language on social media, texts, messages and communications.
- I will not use blogs, social media, texts, or other websites to harass, bully, or intimidate other campers or employees of the camp.
- I understand that these guidelines are for the benefit of the entire camp community.
- I understand that behaviors away from camp that fall outside of North Star's values may jeopardize my ability to return to North Star.

We recommend these additional guidelines for campers as you use social media during the off-season:

### Be kind and respect others

- Remember the Golden Rule treat others the way you want to be treated (that includes online or via text).
- Sharing negative, harmful or mean content online or via text is cyberbullying and that is not okay.
- Keyboard Warriors aren't cool. If you wouldn't say it to someone's face in person, don't say it hiding behind your keyboard.

#### Be yourself

• People often pretend on social media to be something they are not. Be true to yourself - people will likely know if you are pretending to be someone you are not.

#### Be present

• Don't let phones and screens stop you from being present in real life - you'll miss out on the world around you.

## Think before you post, share or reshare

- It may seem silly now but posting something insensitive could impact your future college choices or job prospects.
- Keep your location private. There are better ways to let important people know where you are.

## Keep parents informed

• Give your parents a heads up if you are chatting with a staff member/counselor or are planning to meet up with any camp friends.

## If you see something, say something

- If you see something that is said or posted by a North Star community member that you feel is inappropriate or bullying, please tell a parent right away and/or contact a North Star Director.
- And if you are the one saying something inappropriate or doing the bullying, keep in mind that your actions could impact your future at camp.



