



# North Star Camp Equipment List

We've reworked our equipment list so that its more of a guide to help you pack up for camp! Even if you're a seasoned camp veteran, please read this over as we've added some items due to new wilderness trip offerings as well as some changes in camp procedures. Throughout the equipment list you'll find "Gear Tips", which will include details about specific items to buy, size recommendations, etc. If you have any questions, please feel free to call the camp office or email those questions to [office@northstarcamp.com](mailto:office@northstarcamp.com).

Please mark your son's gear with his full name. Don't just use you son's initials or first name. Use a permanent marker on items which cannot be sewn or stamped. Info on ordering labels is available on the "preparing for camp" page of our website. Laundry goes out once a week, so you are packing for approximately 12 days. If you have any questions, please get in touch with the camp office!

All campers will need everything on this list, except where noted. Campers who are going on the Canadian (1st session & 8 weekers who are currently in 9th grade) have a specific trip packing list which is online on Campintouch.

## Baggage

- 2 duffel bags
  - ▶ **GEAR TIP** ◀ If you are buying new duffels, get standard, heavy duty duffels that can withstand the wear and tear of travel to and from camp. Ideal size is approximately 36"x17"x17" or larger. No hard sided foot lockers/trunks, please!

## Clothing

- 12 t-shirts
- 3 sweatshirts (NSC optional)
- 5 long sleeved shirts
- 10 pairs of shorts (fast drying is the best)
- 4 swim suits
- 4 pairs of jeans or sweatpants
- 16 pairs of underwear / boxers
- 16 pairs of socks
- Sleeping clothes for both warm and cool nights

## Outerwear

- 1 rain coat; a waterproof jacket with hood. NO PONCHOS!
- Mid-weight Polartec jacket - fleece does not absorb moisture, dries quickly, and is light-weight; making it ideal for tripping.
- Light-weight, fast drying nylon pants for rainy weather and trips.
- Wool or fleece hat for wind and rain. (Ski hats work well)
- 2 baseball hats

## Linen

### **Cot sized bedding for ALL campers**

- 2 warm blankets (may substitute sleeping bag if it unzips flat)
- 2 fitted sheets
- 2 flat sheets
- 1 mattress pad
  - ▶ **GEAR TIP** ◀ No egg crate mattress toppers, please. All of our beds & mattresses have been replaced in recent years. Egg crates are left behind at the end of the summer and create a real negative environmental impact.
- 1 pillow
- 3 pillow cases

- 3 bath towels
- 3 beach towels
- 2 washcloths or a shower scrubber/loofa
- 2 Official North Star laundry bags
  - ▶ **GEAR TIP** ◀ To make the laundry process easier for our laundromat as well as campers, we have required North Star laundry bags. Bags should last several summers, so please keep your bags. We will send out an email in the spring regarding our laundry bag process.

## Footwear

- 2 pairs of tennis shoes
- 1 pair of rain boots (can use hiking boots or old gym shoes)
- Aqua shoes
  - ▶ **GEAR TIP** ◀ Pack one pair of aqua shoes that will stay on in the water. This would include Chacos, Texas, aqua socks or similar brands. This should not include flip flops, as they come off easily in the lake.
- 1 pair of shower shoes/flip flops (can also use above aqua shoes, bring one pair of water shoes that aren't flip flops)

### **If your camper is currently in**

- 7th graders & attending 2nd session/8 weeks
- 8th graders & attending 1st session/8 weeks
- 1 pair hiking boots with ankle support
  - ▶ **GEAR TIP** ◀ We recommend hiking boots with good ankle support, not hiking shoes. Make sure your camper wears their hiking shoes before the summer and breaks them in. Campers hiking in footwear that aren't broken in will end up with blisters.
- 2 pair mid-weight hiking socks
  - ▶ **GEAR TIP** ◀ wool or synthetic but not cotton. Cotton does not dry quickly and contributes to blisters.

## Miscellaneous

- 1 sleeping bag
  - ▶ **GEAR TIP** ◀ Do not send a sleeping bag lined with cotton or flannel as they take a long time to dry out.. If buying a new bag, we recommend one filled with synthetic fiber, which compresses easily and dries much faster than down.

### Miscellaneous (continued)

- 1 camping sleeping pad
  - ▶ **GEAR TIP** ◀ A basic foam camping sleeping pad will work just fine. You don't need to purchase an expensive inflatable pad.
- 1 toiletry kit supplied with:
  - toothbrush
  - toothpaste
  - cup
  - soap/body wash
  - shampoo
  - comb/brush
  - nailclippers
- Sunscreen (at least SPF 30)
- Mosquito/tick repellent
  - ▶ **GEAR TIP** ◀ Our medical experts have recommended repellent with DEET, around 30% DEET
- 1 flashlight and batteries
- 1 cook kit supplied with:
  - plate
  - fork, knife & spoon set
  - cup
  - ▶ **GEAR TIP** ◀ A [set like this](http://bit.ly/2BL3Y73) is ideal: <http://bit.ly/2BL3Y73>. You can buy these as a set or individually at most sporting goods and outdoor gear stores. Store them in a small mesh drawstring bag to keep the set together and utensils from getting lost. Campers will not be using their own gear to cook over the fire so we do not recommend metal cook kit sets with small pots and pans.
- 2 durable water bottles
  - ▶ **GEAR TIP** ◀ Nalgene or Gatorade style waterbottles are great. We don't recommend Camelback style waterbottles with straws and other parts that are tough to keep clean and can get lost.
- Pens and paper
- Envelopes and stamps
  - ▶ **LIFE TIP** ◀ Please teach your son how to address an envelope and provide them with a sample. Many letters get don't make it to their final destination due to some of our camper's unique addressing skills. This is a great opportunity to teach an important life skill instead of just giving campers self addressed envelopes.

### Recommended Items

- Crazy Creek/camping chair (no chairs with metal frames)
- Reading material
- Playing cards
- Small games
- Baseball glove
- Tennis racket and balls
- Fishing pole and tackle (collapsible if buying new)
  - ▶ **GEAR TIP** ◀ If you think that your camper will regularly participate in softball, tennis and fishing, we recommend that you send them with their own gear for these activities. North Star has basic tennis rackets, baseball gloves and fishing poles.

### Optional Items

- 1 robe or wrap towel (for bath and swimming)
- 1 hanging shoe bag
- Old costumes (for skits & special programs)
- Musical instruments
- Camera and film/inexpensive digital camera
- Stuffed animal and other cabin decor
- A journal
- Audio player **with NO videos, games, apps or wifi capabilities**

### The following items are not allowed at camp

- Knife/Multi tool
- E Readers
- Smart Watches
- Anything with a screen
- Food/snacks
- Bottled water
- Water balloons/water guns
- Duct tape
- Silly string
- Phones
  - ▶ **GEAR TIP** ◀ Campers are not allowed to have phones during the summer. Those traveling to or from camp by airplane can bring a phone to have during travel. They will need to turn those phones in once they arrive. Campers bringing phones that are not traveling by air will have their phones sent home at their family's expense. We do not have storage for all camper's phones and cannot be responsible for the value of phones if they are lost or damaged.