



# North Star Fall Camp Equipment List

You'll find this guide to be pretty similar to our summer packing list! Even if you're a seasoned camp veteran, please read this over as we've added fall camp specific items as well as COVID-19 related items. Throughout the equipment list you'll find "Gear Tips", which will include details about specific items to buy, size recommendations, etc. If you have any questions, please feel free to call the camp office or email those questions to [office@northstarcamp.com](mailto:office@northstarcamp.com).

Please mark your son's gear with his full name. Don't just use your son's initials or first name. Use a permanent marker on items which cannot be sewn or stamped. Info on ordering labels is available on the "preparing for camp" page of our website. Laundry goes out once a week, so you are packing for approximately 12 days. If you have any questions, please get in touch with the camp office!

## Baggage

- 2 duffel bags
  - ▶ **GEAR TIP** ◀ If you are buying new duffels, get standard, heavy duty duffels that can withstand the wear and tear of travel to and from camp. Ideal size is approximately 36"x17"x17" or larger. No hard sided foot lockers/trunks, please!

## Clothing

**Please pack clothes that allows for layering. We expect to have days in the 80s, but may also see nights that are below freezing.**

- 12 t-shirts
- 4 or 5 sweatshirts (NSC optional)
- 5 long sleeved shirts
- 10 pairs of shorts (fast drying is the best)
- 4 swim suits
- 4 - 6 pairs of jeans, pants or sweatpants
- 16 pairs of underwear / boxers
- 16 pairs of socks
- 2 pairs of warmer (wool) socks
- Sleeping clothes for both warm and cool nights

## Outerwear

- 1 rain coat; a waterproof jacket with hood. NO PONCHOS!
- Mid-weight Polartec jacket - fleece does not absorb moisture, dries quickly, and is light-weight; making it ideal for tripping.
- Heavier jacket or winter coat for late fall weather.
- Light-weight, fast drying nylon pants for rainy weather and trips.
- 2 Wool or fleece hats for wind and rain. (Ski hats work well)
- 2 baseball hats
- 2 sets of winter gloves
- Snow pants
- 3 Long underwear tops
- 3 Long underwear bottoms
- 7 Buffs/facemasks

## Linen

**All camper beds are cot sized. Bedding can be cot or twin sized**

- 2 warm blankets
- 1 comforter/Heavy Blanket for cooler nights, may substitute sleeping bag
- 2 fitted sheets
- 2 flat sheets
- 1 mattress pad

▶ **GEAR TIP** ◀ No egg crate mattress toppers, please. All of our beds & mattresses have been replaced in recent years. Egg crates are left behind at the end of the summer and create a real negative environmental impact.

- 1 pillow
- 3 pillow cases
- 3 bath towels
- 3 beach towels
- 2 washcloths or a shower scrubber
- 2 Official North Star laundry bags

▶ **GEAR TIP** ◀ To make the laundry process easier for our laundromat as well as campers, we require North Star laundry bags. Bags should last several sessions, so please keep your bags.

## Footwear

- 2 pairs of tennis shoes
- 1 pair of boots that can be used for rain and light snow
- Aqua shoes
  - ▶ **GEAR TIP** ◀ Pack one pair of aqua shoes that will stay on in the water. This would include Chacos, Texas, aqua socks or similar brands. This should not include flip flops, as they come off easily in the lake.
- 1 pair of shower shoes/flip flops (can also use above aqua shoes, bring one pair of water shoes that aren't flip flops)

## Miscellaneous

- 1 sleeping bag
  - ▶ **GEAR TIP** ◀ Do not send a sleeping bag lined with cotton or flannel as they take a long time to dry out.. If buying a new bag, we recommend one filled with synthetic fiber, which compresses easily and dries much faster than down.
- 1 toiletry kit supplied with:
  - toothbrush
  - toothpaste
  - cup
  - soap/body wash
  - shampoo
  - comb/brush
  - nailclippers
- Sunscreen (at least SPF 30)
- Mosquito/tick repellent
  - ▶ **GEAR TIP** ◀ Our medical experts have recommended repellent with DEET, around 30% DEET
- 1 flashlight and batteries
- 1 durable water bottle

► **GEAR TIP** ◀ Nalgene or Gatorade style waterbottles are great. We don't recommend Camelback style waterbottles with straws and other parts that are tough to keep clean and can get lost.

- Pens and paper
- Envelopes and stamps
- Halloween Costume

#### Technology/School Gear

- Laptop & Charger
- Cell Phone & Charger
- Hotspot + charger (Must be Google Fi, Sprint or TMobile)
- School supplies recommended by your camper's school
- Lap desk or clipboard
- 2 sets of headphones (noise cancelling suggested)

#### Recommended Items

- Crazy Creek/camping chair
- Reading material
- Playing cards
- Small games
- Baseball glove
- Tennis racket and balls
- Fishing pole and tackle (collapsible if buying new)
  - **GEAR TIP** ◀ If you think that your camper will regularly participate in softball, tennis and fishing, we

recommend that you send them with their own gear for these activities. North Star has basic tennis rackets, baseball gloves and fishing poles.

#### Optional Items

- 1 robe or wrap towel (for bath and swimming)
- 1 hanging shoe bag
- Old costumes (for skits & special programs)
- Musical instruments
- Camera and film/inexpensive digital camera
- Stuffed animal and other cabin decor
- A journal
- Audio player

#### The following items are **NOT** allowed at camp

- Knife/Multi tool
- Food/snacks
- Powdered juice packets
- Bottled water
- Water balloons/water guns
- Duct tape
- Silly string
- Personal space heaters
- Heating blankets