



NORTH STAR CAMP **NEW CAMPER HANDBOOK**

WELCOME TO YOUR FIRST SUMMER AT NORTH STAR!



We are so happy that you have chosen to come to North Star this summer. Like thousands of campers before you, North Star will soon feel like your "home away from home." You are going to have the time of your life.

As camp gets closer, we want you to know that it is totally normal to be nervous. We're here to help and that is a big reason why we put together this handbook!

Please read this over with your parents. Included in this handbook is information about some of our staff as well as a sneak peek into the first few days of camp. We'll also share some North Star lingo, frequently asked questions and other advice to help you prepare for your first summer at camp.

Of course, if you have any questions, please feel free to contact us at 715-462-3254 or email andy@northstarcamp.com.

OUR YEAR-ROUND LEADERSHIP TEAM

Meet some of the folks who help get camp ready throughout the year and who are always around to help make your summer the best it can be.

Andy Shlensky **Owner/Director**



Welcome to the North Star Family! Believe it or not, I never wanted to go to camp, but after my first summer at North Star when I was 11 years old, I knew I had found a special place. I learned new activities like windsurfing and riflery, and loved my new friendships with campers and counselors from around the world. After working at camp for many years, I became the Director in 2011 and I am lucky enough to carry on North Star's legacy that started in 1945. You will see me every day at camp and you can always come talk to me if you need anything at all. I look forward to hanging out with you this summer on the waterski boats, the basketball courts and in your cabin playing card games. I'm excited to see you at camp very soon!

Dan Lichtenstein **Director of Operations**



I'm Dan and that's my dog Leo. I started at North Star in 1985 and have been to camp every summer since. When I was a camper, I loved to play softball (I'm a big Chicago Cubs fan) and go on the cabin trips. I do a lot of things at camp, but one of my favorite things is planning our two most special days: UN Day (1st session) and North Star Games (2nd session). I also do many behind the scenes things like building the campfire for our Friday Night Services, picking up delicious donuts on Cruiser Day and helping make sure that you arrive safely to camp.

Robyn Boehm **Assistant Director**



Greetings! I'm Robyn and I am so excited to meet you soon. At camp, I'm also known as Inspector #26 because each day after Cabin Cleanup, I go cabin to cabin to make sure things are nice and tidy. Believe it or not, you will still have to make your bed and keep your area clean each day -- it's part of learning how to live with others! When I'm not doing that, I help manage the office and health center. I also work closely with campers, so if you're ever not feeling well or have an issue that's bugging you, come find me so I can help.

OUR YEAR-ROUND LEADERSHIP TEAM (continued)

Meet some of the folks who help get camp ready throughout the year and who are always around to help make your summer the best it can be.



Kacy Lebbly

Assistant Director

I'm Kacy and I cannot wait to meet you when you get to camp! Around camp, I help organize the trip program -- you will go on a wilderness trip with your cabin mates and counselors where you'll sleep in a tent, canoe or hike and cook over a fire. Super fun! As a former teacher, I also help with camper issues so if there's anything bothering you, please come find me because I would be happy to help brainstorm ways you can resolve the problem and continue having a great time at camp with your new friends.



Brian Glickman

Assistant Director

Hi there! I'm Brian, but most people at camp call me Glick. I came to North Star for the first time when I was 10 years old and was super homesick my first two summers....but now there is no place I'd rather be! Some of my best friends in the whole world are camp friends. Around camp, I run the program to make each day super fun for you. I also arrange our music for Friday Night Services, so if you like to sing or play an instrument, I hope you'll show off your talents with us! You will also find me at waterskiing, teaching campers how to ski, something I learned to do at camp and an activity I hope you will try too!



Beth Sosler

Office Manager

I'm Beth and I am the Office Manager. You'll also see my dog Tank hanging out on the office porch or under the desk. I give out the mail every day and I love helping Dan with Cruiser Day donuts - they're delicious! When I'm not in the office, I like to cheer our skiers on from the waterski boats or go stand up paddleboarding. I also get to connect with your parents, answering all of their questions about camp. But my favorite thing to do at camp is to help campers, so please stop by the office to say hi. I can't wait to meet you!

OTHER IMPORTANT PEOPLE YOU WILL MEET

Your Cabin Mates!

You will live in a cabin with 8-10 other campers (2nd-4th graders) or 10-12 other campers (5th-6th graders). Your cabin mates will come from all over: different schools, states and sometimes even countries! Some may be at North Star for the first time just like you.

You will do lots of things with your cabin -- eat meals together, hang out during Rest Period, go to activities, take a cabin trip together and much more. Each cabin has bunk beds and shelves for each camper, so you can make your space feel like home.

Your Counselors!

You will have 3-4 counselors who live in the cabin with you. Your counselors will be a little bit older than you, either in high school, college or even a few years older than that. Some may be former campers while others will also be at camp for the first time! Your counselors are there to make sure you are having fun during the summer. They will also help you through the ups and downs of camp. If something is bothering you, be sure to let them know.

Your Village Director!

Camp is split into three "villages" -- the Junior Village (2nd-4th graders), Intermediate Village (5th-6th graders) and Senior Village (7th-9th graders). Each village contains a group of cabins where the campers and counselors live, as well as a washhouse with bathrooms and showers. The Intermediate Village is nicknamed the "Ridge" and the Senior Village is nicknamed the "Villa."

Within each village, we have Village Directors. These are some of our most experienced counselors who are there to oversee camper issues and plan really fun activities for everyone in your village. In addition to your counselors, your Village Director is there to help if you ever need anything.

The Program Director!

Every week, you will choose the activities you want to participate in for the week. You'll rank your top 10 instructional activities and be placed in 6 of them throughout the week. There are also other opportunities to try different activities each day. You should talk to the Program Director if you ever have any questions or concerns about your daily schedule.



OTHER IMPORTANT PEOPLE YOU WILL MEET (continued)

The Trippers!

Each cabin goes on a wilderness trip during the four week session. Depending on your grade and session, it will either be a canoe trip (most trips) or a hiking trip. Your trippers are there to help guide the trips, making sure you're having a blast with your cabin as you learn how to cook over a fire, sleep in a tent and spend some time in the great outdoors. Trips are a really fun time to bond with your new friends in the cabin.

The Kitchen Staff!

We aren't lying when we say the food at camp is super delicious...which is thanks to our amazing kitchen staff! Every day, they make breakfast, lunch and dinner from scratch. We have a camper friendly menu that includes pizza, burgers, mac & cheese, chicken nuggets, BBQ chicken, pancakes, waffles and more. And if you don't like the meal that's being served, there is a breakfast bar each morning (cereal and fruit) and a salad bar for lunch/dinner. There's also a PB&J bar. If you're lucky enough to be celebrating your birthday at camp, our bakers will make you an incredible birthday cake too!

The Health Center Staff!

If you are not feeling well or need some medical attention, be sure to come to the Health Center. Our friendly nurses will be happy to help bring you back to health. They'll also remind you to put on suntan lotion and bug spray so you can keep active and not worry about sunburns or bug bites.

We have health checks after breakfast, lunch and Evening Program so if you have a non-emergency, you can stop by and talk to a nurse. If you take medications, our Health Center staff will make sure you get them at meal times or before bed.

The Office Staff!

Not sure how to address a letter home? Ran out of pens or paper? Want to talk to Andy about something? Come stop by the office and our office staff will be ready to help you out!

The Maintenance & Housekeeping Staff!

Our maintenance crew makes sure that camp is always beautiful and will make repairs when they are needed. And the housekeeping staff keeps people looking their best. They do laundry for you once a week, so you'll always have fresh clothes to wear.



HOW YOU WILL GET TO CAMP

BY BUS

Campers joining us from the Chicagoland area or near Madison/Milwaukee in Wisconsin will travel to camp by coach bus. The bus will leave Chicago early in the morning on the first day of camp, pick up the Wisconsin campers, make a brief stop for lunch and before you know it -- you'll be at camp! On the bus, you will meet other campers in your age group, watch some movies and start your summer of fun! There will also be counselors on the ride to teach you some camp cheers and get you even more excited for camp.

Be sure to pack some books, games, puzzles and snacks. But don't bring more than you can eat because food is not allowed in the cabins and we'll take all uneaten food when you arrive at camp.

A word of advice: if you ask "are we there yet?!" to the counselor on the bus, you're likely only going to receive a goofy answer from him until the bus is super close to camp. You will know when you're close if you get a real answer!



BY PLANE

Campers who need to fly to camp will arrive at the Minneapolis-St. Paul International Airport. A North Star staff member will meet you at your gate and bring you to a waiting area where you can meet other campers who have also flown in that day. Once everyone arrives, we'll take the quick 3-hour bus ride to camp where your summer of fun awaits!

BY CAR

Some campers will be dropped off by their family. You and your family can briefly walk around camp, see some of the cabins, and be the first ones to meet some of our staff members.



WHAT HAPPENS WHEN YOU ARRIVE – THE FIRST NIGHT



At approximately 4:22 PM, the buses will roll through the North Star Arches and you will finally be at camp! Coming to a brand new place can feel overwhelming, but our staff will be there to greet you and give you a special North Star welcome. If you are nervous or have questions, find someone wearing a North Star staff shirt and they'll be happy to help!

Everyone will gather around the flagpole to find out which cabin they'll be in and who will be in their cabin. Some people accuse Andy of stalling to build suspense. "STALLLLLLLLLLL." Eventually, though, Andy will call your name and you'll meet your cabin mates and counselors!

The rest of the day is all about settling into your new home:

- You will go with your cabin mates and counselors to your cabin, choose the bed you want to sleep in and begin to unpack.
- Your counselors will take you on a tour of camp so you know where everything is.
- You will eat dinner with your cabin. Our first meal is always cheeseburgers and fries with brownies for dessert.
- We'll introduce some important staff, discuss general camp rules and you will choose your first round of activities to attend later in the week.
- After dinner, Evening Program is Challenge Games. Your cabin will challenge another cabin to a game or an activity.
- The night ends back in the cabin for a Candlelight Ceremony. This is where you will introduce yourself to your cabin mates, get to know your counselors, talk about your goals for the summer and create cabin rules.



WHAT HAPPENS WHEN YOU ARRIVE – THE FIRST FULL DAY



If you're so excited to be at camp that you are up before the 8 AM Wake Up Bell on the first morning, feel free to hang out with cabin mates outside of the cabin (so others can stay asleep), go fishing off the docks or play tetherball/tush ball with some new friends.

During the first day of camp, all campers will:

- Have a health check at the Health Center
- Take a swim test at Swim Point (just a few laps and treading water, nothing to worry about!)
- Participate in a Village Activity with everyone in your village
- Play All-Camp Capture The Flag in the evening

The following day, our normal schedule will begin and you will attend the activities you selected during the first night of camp!



NORTH STAR LINGO

By coming to North Star, you will be joining a camp that has years of wacky and fun traditions dating back to 1945. Like any close-knit community, there are funny words and phrases that are unique to camp that won't make sense to anyone who hasn't been at North Star. We put together a mini glossary of North Star lingo so you can feel in-the-know before you arrive. Don't worry though -- we'll help you learn all of these (and more!) throughout the summer!

LOCATIONS TO KNOW AROUND CAMP:

ARM & HAMMER: This is what we call our Arts & Crafts building.

COUNCIL RING: This is the special area where we have all-camp campfires, Friday Night Services and special ceremonies. It overlooks Clear Lake and is home to beautiful sunsets.

DENNY'S DEN: This is the program office. If you have a question about your schedule or an activity, stop by Denny's Den and our Program Director will be happy to help you out!

HITCH'S HUT: This is where we go waterskiing, wakeboarding and tubing.

NORTH STAR ARCHES: The very first thing you will see when you arrive! The North Star Arches is the entrance to camp. When the buses pull through the arches, your summer of FUN officially begins.

SWIM POINT: This is the only place in camp where you can go swimming. Campers check in with a buddy at the Buddy Board and can go on The Blob (water trampoline), splash mat or play in the shallower end of the lake.

THE LODGE: This is the giant building in the center of camp where we eat all of our indoor meals. The office, staff lounge and kitchen are all parts of the Lodge too.

VICTORY FIELDHOUSE: The VICTory Fieldhouse is an indoor gym that has a full-size basketball court and a fitness center. The upstairs level has ping pong tables, a pool table, an air hockey table and more! It is named in memory of Vickie Shlensky, one of North Star's previous directors who passed away from cancer in 2016.

CABIN LIFE:

CABIN PRIDE AWARD: Every day, Inspector #26 will visit your cabin to make sure it is clean. If beds are made, floors are swept and clothes are neatly folded on shelves, your cabin may be given a Cabin Pride Award!

JOB WHEEL: Every cabin will create a job wheel that rotates each day. In addition to keeping your individual area clean and tidy, you will also have a role to play each day in the cabin, whether it is sweeping, taking out the garbage, clearing clotheslines or retrieving the mail. You don't want to be the reason your cabin doesn't get a Cabin Pride Award, so make sure you do your daily job from the job wheel!

K.P.: This stands for Kitchen Patrol and is one of the jobs on your cabin's job wheel. If you're K.P., you will be responsible for setting the table before each meal, getting the food and clearing dirty dishes.

MAFIA: A fun whodunit game played by campers and counselors.

PINE MANOR: This is the name for the cabin(s) where the oldest campers live.

WASHHOUSE: A communal bathroom and shower house. You will brush your teeth, go to the bathroom and take showers in your village's washhouse. The Junior and Intermediate Villages share the J-Village Washhouse and the Senior Village has their own washhouse.



NORTH STAR LINGO (continued)

MISCELLANEOUS CAMP LINGO:

CAPTURE THE FLAG: A fun tradition where camp is split into two teams. You can either play offense where you try to get the opposing team's flag back to your side, or you can play defense trying to stop the other team from stealing your team's flag!

CRUISER DAY: This happens once a week where you and your cabin mates design your schedule for the day. Popular activities include tubing or slip 'n sliding and you end the day cooking over a campfire with your cabin!

HALF HOUR LATER: All we're saying is give sleep a chance. Every now and then, we'll have a Half Hour Later where we get to sleep in an extra half hour the next day! It usually happens when the entire camp chants and a camper challenges (and beats!) Andy in a H-O-R-S-E contest or some sort of friendly competition.

HORSENGOGGLE: Perhaps the goofiest, most non-sensical lingo entry, this is the wacky way we decide who gets an extra dessert or who goes first for an event. It's like Rock Paper Scissors or a coin flip, but more fun!

KEYLOG: Back in the olden days, the Northwoods of Wisconsin were full of lumberjacks who would move giant trees through the rivers that would be used to make paper, household supplies and construction material. Every now and then, the river would get "jammed" and the lumberjack would need to find the log causing the jam -- aka the "key" log. We use that Northwoods history at camp and have a Keylog Ceremony every Friday night where anyone can throw a "keylog" (little piece of wood) into the fire to thank someone for doing something nice for them that week.

NORTH STAR BALL: Similar to Capture the Flag, this is a popular Evening Program where camp is split into two teams. The goal is to get all four balls onto your team's side of camp before the other team catches you.

TUSH BALL: This is a super popular camp game played off the canoe racks where you try to catch the ball in the air and throw it back to the roof before your feet touch the ground. Harder than it sounds, but you will get lots of practice playing it!

FOOD:

DIRT 'N WORMS: A popular dessert during our opening banquet, this delicious treat is a mixture of pudding, Oreo cookies and gummy worms.

PIZZA PARTY: A couple times during the summer, your counselors may surprise your cabin with a pizza party -- you likely won't see it coming, but you will get to enjoy some pizza and soda with your cabin mates!

S'MORES: A camp classic! At cabin campfires, village campfires or on your camping trip, grab a stick to roast your marshmallow over the fire. Whether you like it golden brown or burnt (a never ending debate amongst campers), it'll be a delicious treat in between some graham crackers and chocolate!

TINFOIL SURPRISE: A popular Cruiser Day dinner. It's basically a deconstructed hamburger or cheeseburger. You will break up some burger patties, add in some veggies (potatoes, carrots, onions), sprinkle in some salt/pepper, wrap it in tinfoil and throw it on the fire to cook. A delicious way to end Cruiser Day!

WALKING TACO: Another fun Cruiser Day dinner! You will take a bag of Frito's and add in some toppings like taco meat, salsa, sour cream and cheese for a delicious feast.

WANEGAN: Twice a week, campers will be treated to sweets/candy after dinner. Sour Patch Kids, Twix, M&Ms and more...choose your favorite one!



A TYPICAL DAY AT CAMP

The cliché is true at North Star: there is no such thing as a typical day at camp. However, most days follow a similar routine:

Morning Schedule

8:00 AM - Wake Up Bell Good morning, Mr. Zip Zip Zip! It's time to get up, brush your teeth and get ready for breakfast!

8:15 AM - Flagpole Gather around the flagpole with your cabin for morning announcements!

8:30 AM - Breakfast Our meals are served family style, meaning food is brought to the table and passed around to each person. You'll sit with your counselors and cabin mates and talk about the day ahead or participate in village cheers.

9:15 AM - Cabin Cleanup After breakfast, everyone goes back to their cabins, makes their bed, sweeps the floors and tidies up their shelves. You don't want to disappoint Inspector #26 when they come around to grade cabin cleanliness later in the day!

9:45 AM - First Period (Instructional) At the beginning of the week, you will sign up for instructional activities and attend three instructional periods per day in two different three-day rotations. Counselors teach the activities and make sure the campers are having a ton of fun!

11:00 AM - Second Period (Instructional) Another round of instructional activities. It's time to go shoot some bow and arrows and see if you can beat your cabin mate's score!

12:15 PM - Warning Bell Second Period is over, so head back to the cabin quickly to get what you need for lunch and then return to the Lodge. KPs will head to the Lodge early to get their cabin's table set.

12:30 PM - Lunch It's Sloppy Joes and chips for lunch. You get to hear how everyone's morning went and build excitement for the afternoon of fun that lies ahead.

1:15 PM - Rest Period Campers and counselors head back to the cabin to lay low for a little bit after lunch.



Afternoon/Evening Schedule

1:45 PM - Third Period (Instructional) One last round of instructional activities for the day. It's time to head to fishing to see if you can reel in a big musky!

3:00 PM - Cabin Time and Snack Popular activities during this time are playing card games or rafter ball. It's also a nice, quiet time to write a letter home. We end the hour with a healthy snack - typically fruit or something else delicious!

4:00 PM - Fourth Period This period varies each day -- it may be a Village Activity (activities that entire age groups do together like a massive game of dodgeball), Challenge Games (where one cabin challenges another to an activity or sport) or one of our many Green/White competitions.

5:00 PM - Fifth Period (Organized Free) Each day, our Program Director will announce activities that will be open during Fifth Period. Campers can choose which activity to attend that day. Feeling in the mood to go to Swim Point with friends? No problem! Grab a towel and go jump on The Blob!

6:00 PM - Warning Bell There's only 15 minutes until dinner, so quickly head to your cabin to put on dry clothes and hang your wet towel and swimsuit on the clothesline. Then head up to the Lodge with your friends for dinner.

6:15 PM - Dinner Tonight is a camp favorite: BBQ Chicken and Martha's Cinnamon Bread. Yum!

7:30 PM - Evening Program Our final program period of the day may be an all-camp game like Capture the Flag, North Star Ball, Glenn's Game or Predators vs. Prey. Or it could be a campfire, staff skit show or open mic night. No matter what it is, the day is going to end on a high note!

8:45 PM - Evening Program Ending Bell Time to head back to the cabin and get ready for bed. It's a good time to take a quick shower and brush your teeth.

9:30/10:00/10:30/11:00 PM - Lights Out Lights out times vary by age group. After usually playing a game of Mafia, counselors put the campers to bed by reading a book or telling a story.



SPECIAL PROGRAMS

Throughout each session, we have some exciting special programs and events. Here's a peek:

FRIDAY NIGHT SERVICES: Every Friday Night is spent at the Council Ring for Friday Night Services which are focused on one of North Star's values. Themes may include friendship, community, character, sportsmanship or being yourself. Campers and counselors sing songs, a sermonette will be given and there will be readings on the topic as we watch the sunset over Clear Lake.



GREEN/WHITE MARATHON: When you get to camp, you will be assigned to either the Green or White team. Throughout the summer, you will compete in a variety of events to earn points for your team. The biggest Green/White event each session is the Green/White Marathon, a giant relay race that winds around camp and has wacky events that every camper participates in. The marathon lasts for most of the afternoon and ends with "Boil Water Boil" where two members from each team must start a fire and boil a bucket of water.

ESPIONAGE: Perhaps the most anticipated special event of the summer, Espionage is a giant scavenger hunt type game played once a session after Evening Program ends (when it is completely dark outside). Cabins sneak around camp, deciphering clues and trying to avoid getting caught by renegades, with the hopes of beating all other cabins to the secret ending spot! The theme and game changes every year, so only time will tell what this year's theme will be!



U.N. DAY: Towards the end of First Session is United Nations Day, where camp is split into four teams (nations) and competes in a variety of events. Campers will participate in team cheers, team events and paint themselves in their nation's colors to show their team spirit. We'll have Tug-Of-War, along with a counselor speedball game that determines which team eats dinner first. It just doesn't matter which team wins as long as you have the most fun.

NORTH STAR GAMES: Similar to U.N. Day, this special day occurs towards the end of Second Session. Camp is split into four teams represented by a different constellation. The day starts off with a village-based leg wrestling competition, and ends with log rolling and a Senior Village sudden death water polo match at Swim Point. In between, every camper competes in four activities from traditional land sports to water-based relay races to North Star traditions like "Polaris Ball" or speedball.



SPECIAL CAMP SONGS / SAYINGS

THERE IS A DESTINY THAT MAKES US BROTHERS

Before the first meal and final meal of the session, we recite this traditional grace:

"There is a destiny that makes us brothers.

None goes his way alone.

*All that we send into the lives of others,
comes back into our own.*

*I care not what is caste or creed,
one thing holds firm and fast,
that into the days and deeds gone by,
the soul of a man is cast." -Edwin Markham*



FOREST GREEN

Every Friday evening, the entire camp gathers at the Council Ring. We end our Friday Night Service by singing our camp song, *Forest Green*. We'll teach you the tune during your first Friday Night campfire!

*Forest Green by rushing stream
Helps to fill each camper's dream
Helps to soothe me while I roam
'Bout my North Star home.*

*Moonlight glistening 'cross the lake
Sunset colors that will make
Sweet words in a lovely poem
'Bout my North Star home.*

*Play by day and then by night
Stories told by campfire light
Campers, counselors we have met
Faithful friends we won't forget
We'll remember all we've known
'Bout our North Star home.*



FAQ's

Q: What happens when I get homesick?

A: The first thing to know is that missing home is 100% normal. You will miss your parents, sibling, pet, friends, the comforts of your home -- and that's totally okay. You will have a great support system at camp to help you overcome your homesickness. Your counselors and cabin mates will help discuss strategies to help you feel better. Oftentimes the busier you are, the better you will be and we'll be sure to keep you busy having so much fun at camp!

Q: What do I do when I have a problem at camp?

A: The great thing about camp is that there are so many people who care and want to help you solve whatever issue you're dealing with. While we can guarantee camp will be fun, when you live with others and are on your own for the first time, problems can arise. That's totally normal and we're here to help.

- If you have a problem at an activity, you can talk to our Program Director, your counselor or the activity instructor.
- If you are not feeling well or have an injury, you can talk to our nurse in the Health Center. We have health checks after breakfast, lunch and evening program for non-emergency situations.
- If you are having a problem with a cabin mate or something else, please be sure to tell a counselor, Village Director or Camp Director. We want everyone to have a fantastic summer. Our staff can only help if you share what's bothering you.

Q: What happens when it rains?

A: Well, "it never rains at North Star" is something you may hear us say. In the event it does rain, we will ring a bell to signify a Rainy Day program. Depending on how long the rain is going to last, it may be an extended cabin rest hour or it could be organized activities in our indoor facilities around camp (the Lodge, Arm & Hammer or the VICtory Fieldhouse). Even if it rains, the fun will continue -- that's for sure!

Q: Can I bring my iPod/iPhone/E-Readers/Video Games?

A: When it comes to technology, North Star is a screen-free camp. You may be used to texting or playing video games with friends at home, but any device that connects to the internet is not allowed at camp. We want you to be exploring the outdoors, making new friends, trying new activities and hanging out with your cabin mates, free from screens and distractions.

Q: How will I communicate with family and friends back home?

A: We have a required letter writing day twice a week, but feel free to write letters home whenever you want. Your friends and family will love hearing how much fun you're having! We have a mini post office at camp where we sort mail every day. Encourage your family and friends to send you letters so you can keep in touch with them. We don't allow phone calls because you will be having too much fun and we've seen that it can help bring on homesickness.



SOME CLOSING THOUGHTS

Going away from home for the first time is a big step. You will learn a lot of things and you will contribute a lot to camp too. We expect all members of the North Star community to be kind, thoughtful and respectful to both the people and camp itself. Part of living in a communal setting is learning how to live with others. We can guarantee you will have fun this summer, but it won't always be smooth sailing. If something is bothering you, be sure you talk to your counselors; they are there to help and support you!

While it's totally normal to be nervous prior to camp, you should also be super excited about all the new friends you're going to make and all the fun you're going to have. Your family and friends are going to be so proud of everything you accomplish (and definitely a little jealous too).

Here are some things you should be looking forward to:

- You will learn how to live with others your age in a cabin.
- You will discover new activities and get even better at the ones you already love.
- You will make new friends from all over the world.
- You will push yourself out of your comfort zone.
- You will go on a camping trip -- cooking out and sleeping in a tent.
- You will develop ways to solve problems on your own.
- You will have so much fun it'll be hard to keep track of it all.
- You will create memories that will last a lifetime.

If you have any questions about anything prior to camp, please give us a call at 715-462-3254 or email Andy at andy@northstarcamp.com.

We can't wait to see you soon!

