

This is a reminder that all North Star online health forms are due by May 1. Medication Orders that need to be placed with CampMeds are due by May 17 for 1st/8 week campers and June 14 for 2nd session campers.

The following forms have recently been added to your forms portal on CampInTouch/Campanion App and are due May 1st for all campers:

- **The Camper Profile** is completed by parents and is one of the best ways to communicate with your camper's counselors in advance. This form asks a number of personality questions and detailed questions that our camp directors and counselors review before your camper arrives. We ask you to be thoughtful, thorough and honest when filling out this form to help set your camper up for success. We advise that this form, when completely thoroughly, can take 20-30 minutes to complete.
 - Pro tip: Use a program like MS Word to write up your answers, then paste them into Campintouch. We've heard of parents spending a lot of time on this form, only to have it time out and lose their work.
- **The Camper Questionnaire** is completed by your camper directly. Some campers will be able to complete this independently. Others will need varying degrees of assistance. This form is also shared with camper's counselors before they arrive. It helps campers get the most out of the camp experience by establishing a "growth mindset" through goal setting ahead of the summer. It also asks them to reflect on their current skills and abilities. Even if you have to talk them through the questions, please do not complete this form without your camper's direct help. It's never fun when we show a camper this form and review the submitted goals at camp and they say, "I've never seen this or even heard of it before!"

[Click here to login to your CampInTouch account.](#) Forms can also be accessed via the [Campanion app.](#)

By next week, when you log in, you will also see one additional form, an acknowledgement and agreement of North Star's Code of Conduct. We will send a separate email in the coming weeks about the importance of reviewing camps' rules and expectations with your camper before their session begins. The Code of Conduct form will not be due until June 1st.

We all know how busy the season leading up to camp can get and planning ahead always helps. Reach out to our director team for help or any questions!