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## Medications at Camp

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**Robyn Boehm** <robyn@northstarcamp.com>  
To: ft@northstarcamp.com

Wed, Feb 26, 2025 at 10:33 AM



Dear {{RecipientFirstName}},

Camp is still several months off, however we are starting to hit several key dates in the preparing for camp process. Preparing personal medications for camp takes time, planning and partnership.

This email will:

- Explain North Star's Medication Policies and Procedures
- Detail our partnership with CampMeds
- Provide you with the action items needed to make sure your camper gets their medication on schedule

At North Star, the word "medication" is all-encompassing and includes all types of prescriptions, OTCs (over-the-counter, non-prescription medications), vitamins and supplements. If your child will have their own personal supply of any of these at camp, please follow the policies and procedures for medications.

You can contact Robyn ([Robyn@northstarcamp.com](mailto:Robyn@northstarcamp.com)) at any time to help clarify the process or help in any way.

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### Overview of North Star Medication Policies and Procedures

- North Star requires the services of CampMeds for daily, pill personal medications.
- Oral medications come in all variations and different substances. When possible, North Star encourages medications to be sent to camp in pill form. (Liquids, gummies and other substances don't store well during the summer humidity and are much more difficult to administer.)
- Medications that are not taken daily or are not in pill form can be sent directly with your camper to camp. To see which medications these are, visit our [North Star Medications](#) webpage.
- The [American Academy of Pediatrics](#), the Alliance for Camp Health and North Star Camp strongly believe that campers should not take "medication vacations" while they are in session at camp. If campers are taking medications to help improve their physical or behavioral health and wellbeing while in session at school, the same medications should be continued while in session at camp.
- To be in compliance with our local Health Department, medications in all forms must be stored in the Health Center. Medications may never be stored in a camper's cabin.
- To be in compliance with our local Health Department, all medications that are coming to camp must be listed on your camper's Health History Form. This information is listed on

page 5 of the Health History form.

- Medications that should be ordered through CampMeds but are instead sent directly to camp are at risk of not getting administered to your camper right away or on the correct schedule.
- Families will be billed an additional fee on their camper's Spending Account when medications are incorrectly sent to camp.

For full medication details, visit our [North Star Medications](#) at Camp webpage.



**CampMeds is a pharmacy that specializes in medication packaging for overnight camps.**

North Star works with CampMeds to ensure the highest safety standards for campers and so that our health center staff can focus on providing wellness care to our campers. **CampMeds packages medications in individual plastic packaging, by administration time. This helps effectively deliver and log medication distribution, which is required by law.** CampMeds fulfills most camper's personal medications and works with most health insurance plans. If CampMeds cannot work directly with your family for medication packaging, please reach out to Robyn directly.



**Place an order with CampMeds now**

CampMeds financially encourages all camp families to submit their medication orders early.

**Early Registration: Now until end of February- \$65**

**Regular Pricing: March 1st- May 15th- \$85**

**Late Pricing: May 16th- the start of camp- \$105**

CampMeds has a great system in place to work with camp families and they understand updates to medications happen often. Submit your camper's current medications now and then stay in touch with any updates. If your camper has insurance coverage for their medication, CampMeds will process it with insurance, taking the appropriate timing into account.

*\*\*\*Medications that should be ordered through CampMeds but are instead incorrectly sent directly to camp are at risk for not getting administered to your camper right away or on the correct schedule. Additionally, families will be billed an additional fee when medications need to be individually packaged at camp. This rate will be the late pricing rate that CampMeds also charges.*

[Click here to place an order with CampMeds](#)

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### **Administering Medications at Camp**

Medications that are ordered through CampMeds will arrive to camp ahead of your camper's arrival. All daily CampMed medications will then be delivered directly to your camper from the Health Center staff when it is time to have them administered. This will either be in the Lodge during mealtime or directly at their cabin during bedtime.

If your child has "as needed" medications listed on their health form, those medications will be stored in the Health Center. Campers are requested to come to the Health Center for the administration of non-emergency "as needed" medications.

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### **What about medications during camping trips and time spent out of camp?**

All personal medications will travel off-site with campers and their trip leader for overnight camping trips. This includes all CampMeds orders as well as personal medications sent to camp. Our health center staff work hard to organize and prepare all medications to travel out of camp with each trip.

For shorter day trips, all medications that are scheduled to be administered will travel out of camp along with all emergency medications. (For example, if your camper has an inhaler or epi-pen for emergencies, it will always be with them.)

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### **What do you need to do?**

As a parent/guardian, if your camper will have personal medication at camp, here are the key steps:

- Sign up your camper for CampMeds if they are taking any daily pill prescription, over-the-counter, vitamin or supplement. Registration will be available now until two weeks before camp. The early enrollment discount ends February 28th.
  - Make sure that your camper's medications on Page 5 of their Health History form is accurate and matches what you submitted to CampMeds.
  - Contact Robyn if CampMeds cannot work directly with your camper for rare insurance or supply instances.
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[Click here to place an order with CampMeds](#)

[Click here to login to your CampInTouch North Star account to update your camper's forms](#)

Our Health Center staff share each summer that the most difficult part of working at camp is dealing with medications, especially at the start of the camp session, when parents do not follow safety guidelines. **Please help us support the Health Center staff by reviewing and following the**

**procedures.** This will allow them to spend as much time as possible supporting the wellness of your camper.

For questions about medications before our medical health center team arrives on-site at camp, please contact [Robyn@NorthStarCamp.com](mailto:Robyn@NorthStarCamp.com).

Thanks,  
--Robyn



**Robyn Boehm, Assistant Director**

*North Star Camp for Boys*

Call & Text: (715) 462-3254

[Robyn@NorthStarCamp.com](mailto:Robyn@NorthStarCamp.com)

[www.NorthStarCamp.com](http://www.NorthStarCamp.com)

*Pronouns: she, her, hers*



*"Remember the Scholarship Fund" - [www.CampForAllKids.org](http://www.CampForAllKids.org)*