

Helping Campers Grow: Responsibility, Chores, and Being a Great Cabinmate

North Star Camp <office@northstarcamp.com> To: ft@northstarcamp.com Tue, May 13, 2025 at 2:59 PM



Dear {{RecipientFirstName}}

At North Star, each camper will play an important role in their cabin. This will include daily chores simple, age-appropriate tasks that aim teach responsibility, teamwork, and what it means to be a good cabinmate. Some daily chores that all campers complete at North Star include:

- Making their beds
- Organizing their belongings & tidying their shelves
- Sweeping the cabin floors
- Taking out the cabin trash
- KP: Setting up or clearing the cabin's dishes in the Lodge for meals

These tasks aren't just about keeping things clean—they're about learning to show up for others, take pride in shared spaces, and build strong, supportive friendships. We've found that when campers pitch in together, they feel more connected and confident, and it helps set them up for success at camp and beyond.

As your camper gets ready for chores at camp, remember there will also be lots of help and support along the way too. Camp counselors will model, demonstrate and coach so all campers can build on their skills and find success. Camp counselors also find creative ways to make it all fun and engaging.

As your camper continues to get ready for camp, talk about chores and practice them at home. They'll feel more confident if they are prepared. And when they return home, keep it going! When this happens, we're reminded that we all win!

Final Medication Order Reminder

North Star Camp requires all campers who are taking daily, pill medication have their medications ordered and fulfilled through a partnering pharmacy, <u>CampMeds</u>.

CampMeds currently has their regular pricing for all camper medication orders. **The pricing will increase this week on Thursday, May 15th!**

If you have not yet submitted an order with CampMeds, do not delay. Create an account and submit an order for daily prescription, non-prescription, vitamins and supplements.

Medications that should be ordered through CampMeds but are instead incorrectly sent directly to camp are at risk for not getting administered to your camper right away or on the correct schedule. Additionally, families will be billed an additional fee when medications need to be individually packaged at camp. This rate will be the late pricing rate that CampMeds also charges.

For more medication and CampMed details, visit our <u>Medications at Camp</u> page and reach out directly to <u>Robyn</u> with questions.

Order daily pill medications with CampMeds

Booking a hotel room in Chicago for the bus

Is your family traveling to Chicago a day early so your camper can take the morning Chicago bus at the start of the session? If so, we have a reserved hotel block at the Renaissance Chicago North Shore Hotel. This is the same location that our Chicago buses will meet campers and their families.

Book this week if you'd like to take advantage of the North Star Camp block deal of \$129/night plus taxes.

- First Session Sunday June 15 to Monday June 16 <u>Book A Room Here</u> (must book by 5/18)
- Second Session Saturday July 12 to Sunday July 13 <u>Book A Room Here</u> (must book by 6/14)

Preparing for Camp Website Page

We have a website page setup just for enrolled camp families as you prepare for the summer.

This is where you will find our Camper Packing List, our Preparing for Camp Guide and all of our past family emails (just in case you missed any of them.)

NSC website: Preparing for Camp

Getting Ready for Camp To-Do List

Which ones have you already checked off? Which ones will you complete this week?

Have you completed your <u>camper's online</u> <u>camp forms?</u>

Have you completed an order with <u>CampMeds</u> for any daily pill medication?

If your camper is flying, have you <u>booked</u> <u>their ticket?</u> Have you talked to your camper about how to be a good friend at camp?

Have you reviewed North Star's Code of Conduct with your camper?

Have used the Mood Meter when you ask your camper how they are feeling about camp?

Have you talked about and practiced chores at home?

We know it's a lot during a busy time of year. If we can help you or your camper prepare, please do not hesitate to reach out to us at any time.

Thanks,

--Andy, Dan, Robyn, Glick and Beth



"Remember the Scholarship Fund" - www.CampForAllKids.org

